

PROGRAM

YOUNG PEOPLE AND
HARMFUL SEXUAL
BEHAVIOUR

**HEALING IS
PREVENTION**

SYMPOSIUM

**PERTH CONVENTION CENTRE
24 - 26 MAY 2021**

The logo for ANZATSA, featuring a stylized blue and orange circular emblem with a white dot in the center, positioned to the left of the text.

ANZATSA

A SYMPOSIUM PRESENTED BY THE AUSTRALIAN AND NEW ZEALAND ASSOCIATION FOR THE TREATMENT OF SEXUAL ABUSE (ANZATSA) IN PARTNERSHIP WITH YORGUM HEALING SERVICES.



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WELCOME

ANZATSA IS PROUD TO BE CONVENING AUSTRALIA AND NEW ZEALAND'S FIRST SYMPOSIUM FOCUSING ON CHILDREN AND PROBLEMATIC AND HARMFUL SEXUAL BEHAVIOUR. THE AUSTRALIAN ROYAL COMMISSION INTO INSTITUTIONAL RESPONSE TO CHILD SEXUAL ABUSE RECOMMENDED AUSTRALIAN STATE AND TERRITORY GOVERNMENTS APPLY A PUBLIC HEALTH APPROACH TO THIS ISSUE.

Included in the program is a focus on Indigenous children and young people who are over-represented in matters related to sexual safety and child protection in Australia and Aotearoa New Zealand. Official responses to date have not adequately supported effective responses. Each speaker at this important event has been asked to include consideration of how their presentation may apply for Indigenous children, families and communities. Bringing together speakers of

national and international significance, ANZATSA presents a program covering what a public health approach may look like as well as examples drawn from recent research and current practice. Creating a programme such as this is no small feat especially during these challenging times. As such, the efforts of Symposium Co-Chairs Dale Tolliday and Dr Russell Pratt are acknowledged in developing an important and critical agenda for an urgent social issue.

Dr Armon Tamatea
ANZATSA President

ACKNOWLEDGEMENT

Tēnā koutou e nga tangata whenua o Ahitereiria, inarā te iwi Noongar, te iwi taketake o tenei rohe. He hōnore nui tēnei kua tae mai mātou ki waenganui i a koutou i te hui taumata nei.

Nō reira, huri noa i to tātou tākiwā.
Tēnā koutou, tēnā koutou, tēnā tātou katoa.

[Greetings to the Indigenous Peoples of Australia, especially the Noongar as the First People of this region. It is a great honour for us to join with you for this symposium. Greetings to you all.]

We would like to acknowledge that this symposium is being held on Aboriginal land and recognise the strength, resilience and capacity of Noongar people in this land.

ANZATSA acknowledges the First Peoples and Traditional Owners of country throughout Australia and recognises their continuing connection to land, waters and community. We pay our respects to them and their cultures; and to elders both past and present.

PRE-SYMPOSIUM WORKSHOPS

Monday 24th May

PRE-SYMPOSIUM WORKSHOPS

Monday 24th May

MAREE CRABBE
IT'S TIME WE TALKED

Full Day Workshop

on understanding
influence of
pornography and
innovative approaches
to respond

ROBYN MILLER, GEMMA
MCKIBBIN AND NICK
HALFPENNY

Half Day Workshop

on the development
of the MacKillop
Family services OOH
sexual safety project
in partnership with
University of Melbourne

KRISTIN SANTIAGO AND
ANETTE BIRGERSSON

Half Day Webinar



on skills for working
with young people
in relation to sexual
behaviour

KELLEIGH RYAN

Full Day Workshop

*In my
Grandmother's hands*
Culturally safe trauma
informed training in
strength-based healing
using many of the 8
elements of Aboriginal
learning

IS THAT WHAT SEX IS LIKE? PORNOGRAPHY, YOUNG PEOPLE AND PREVENTING HARMFUL SEXUAL BEHAVIOUR

Maree Crabbe

Pornography has become both more mainstream and more hardcore. For young people growing up in this era of ever-new and accessible technology it is almost impossible to avoid exposure to pornography. Consumption – particularly for young men – has become normalised.

Pornography is not just fantasy: the ways young people understand and experience gender and sex are being influenced by what they – or their partners or peers – observe in porn. But porn is a poor and problematic sexuality educator. It conveys distorted and, often, dangerous messages about consent, pleasure, women, men, power and aggression. There is growing concern internationally that porn's influence is contributing to cultural conditions that cultivate sexual assault.

This workshop will support participants to analyse pornography's prevalence, nature and influence, and explore practical examples of how its influence may be addressed as part of efforts to prevent harmful sexual behaviour.

POWER TO KIDS: AN INNOVATIVE SECONDARY PREVENTION PROGRAM FOR CHILDREN IN OUT OF HOME CARE

Dr Robyn Miller

Harmful sexual behaviour (HSB) is a significant problem for children and young people in out-of-home care. This workshop focuses on preventing and responding to harmful sexual behaviour for this cohort. In particular, it presents the three prevention strategies that constitute the Power to Kids: Respecting Sexual Safety program, which was co-designed and evaluated by MacKillop Family Services and the University of Melbourne. Further, the workshop showcases the resources and activities developed for the program, and sets out some central findings from the evaluation. The workshop is targeted at out-of-home care workers and managers. It will be “hands on” and participants will have the opportunity to engage deeply with case study material to assist understanding of the Power to Kids program and how it could be implemented in their organisations. Participants will come away with innovative ideas about how to prevent and respond to HSB in out-of-home care setting.

Dr Robyn Miller is a social worker and family therapist with over thirty years' experience in the community sector, government and child protection. She was a senior clinician and teacher for fourteen years at the Bouverie Family Therapy Centre, La Trobe University, and part of an innovative team working with families who have experienced trauma and sexual abuse. From 2006-15 Robyn provided professional leadership as the Chief Practitioner within the Department of Human Services in Victoria and has also worked as a consultant with the Royal Commission into Institutional Responses to Child Sexual Abuse. Robyn is currently the CEO of MacKillop Family Services, one of the largest providers of specialist services to vulnerable and disadvantaged children, young people and their families in Victoria, New South Wales and Western Australia. Robyn serves as Deputy Chair of Catholic Social Services Australia, and is a Board Member of Catholic Professional Standards Ltd and the Association of Children's Welfare Agencies in NSW.

Dr Gemma McKibbin is a Research Fellow in the Department of Social Work at the University of Melbourne, working with Prof Cathy Humphreys under the Melbourne research Alliance to End Violence against women and

their children (MAEVe). Gemma has a background in gender studies and worked in the women's sector. She has a PhD focused on the prevention of harmful sexual behaviour carried out by children & young people. She is a scholar with the Safer Families Centre for Research Excellence and is also the Chief Investigator on action research projects in partnership with MacKillop Family Services and Jesuit Social Services. She has recently led an action research project to co-design, implement and evaluate a sexual abuse prevention program in residential and home-based care. Gemma is passionate about supporting vulnerable children and young people and providing them with a voice to government. Dr Nick Halfpenny is Director Policy and Research at MacKillop Family Services. He has practiced in child and family service for over 18 years in the areas of research, quality, advocacy and practice and policy development. Nick and his team seek to improve outcomes for the children, young people and families we serve by investigating and evaluating new ways of working, advocating for social policy change and measuring the impact of our services. Nick has managed the partnership with the University of Melbourne to develop the Power to Kids: Respecting Sexual Safety program.



WORKING WITH ADOLESCENTS WITH HARMFUL SEXUALIZED BEHAVIORS: BUILDING SKILLS FOR A HEALTHY FUTURE

Christin Santiago and Anette Birgersson

Adolescents who display sexually harmful behaviors require an approach that is strengths-based and skill building. Our Wizards Skills program combines DBT and Recreational Therapy within a Risk Needs Responsivity framework (RNR), ensuring attendees walk away from the training with a full and comprehensive understanding of how these interventions can be tailored to an individual client and his/her needs - rather than a “one size fits all” approach, that so often falls flat with more complex presentations. This ensures clients develop, challenge and practice new skills in a safe environment, with staff who can guide and supervise.

This talk will be discussion based and interactive, as we will challenge you to try the interventions we present. Hopefully to introduce you to new ways to provide treatment that is fun, both for you and for your clients.

IN MY GRANDMOTHERS HANDS

Kelleigh Ryan, The Seedling Group

Our one-day workshop titled, “In my Grandmothers hands” has been created in response to requests from our past Culturally Safe Trauma-Informed Training workshop participants for a much more focused opportunity to learn the skills of cultural safety in strength-based healing practices, and Intergenerational Resilience. This is one in a series of shorter, more focused trainings being provided in response to healing trauma enquiries.

There is no pre-requisite for this training except a desire to bring a curious mind and open heart to understand how cultural practices influence resilience. We will look at intergenerational trauma and the influences of cultural identity, practices and healing, in building intergenerational resilience.

This workshop will provide participants with an opportunity to grow knowledge using many of the 8 elements of Aboriginal Learning. We will participate in traditional healing medicines and practices in conjunction with yarning circles and therapeutic maps. As well as providing a basic understanding of Intergenerational Trauma we will discuss how beliefs are transmitted trans-generationally. We will touch on epigenetic research in the area of healing intergenerational trauma.

This workshop is delivered from an Indigenous perspective, grounded in research. It provides a Social-Emotional Wellbeing theoretical framework, along with opportunities for small group work and work with learning partners, to deepen your understanding of a growing body of trauma-informed knowledge. All exercises are fully optional.

The workshop is informed by the research and work of:

- Prof Pat Dudgeon
- Prof Judy Atkinson
- Dr Graham Gee
- Dr Mark Wenitong
- Dr Norm Sheehan
- Dr. John Briere
- Dr. Tara Brach
- Dr. Susan David
- Dr. Ale Duarte
- Dr, Linda Graham
- Dr. Julianne Holt-Lunstad
- Dr. Donald Hoffman
- Dr. Rick Hanson
- Thomas Hubl
- Dr. Bessel van der Kolk
- Byron Katie
- Dr. Peter Levine
- Dr. Brene Brown
- Dr. Stephen Porges
- Dr. Isabelle Mansuey
- Dr. Monica McGoldrick
- Dr Resmaa Menakem
- Nick Ortner
- Dr. David Richo
- Dr. Allan Schore
- Dr. Daniel Siegel
- Dr. Albert Wong.

SYMPOSIUM PROGRAM

Tuesday 25th - Wednesday 26th May

8.30 – 9.30	Welcome to Country
9.30 – 10.00	OPENING EVENT Setting the context – Armon Tamatea, President ANZATSA
10.00 – 11.00	Simon Hackett, Professor of Child Abuse and Neglect, Durham University, UK; Pat Branigan, Theme Lead Development Manager, Sexual Abuse, NSPCC UK and Helen Gazzola, Senior Implementation Manager NSPCC, UK. <i>Developing and implementing an integrated HSB framework: Experiences from the UK</i>
11.00 – 11.30	MORNING TEA
	CULTURAL CONTEXTS
11.30 – 12.10	Professor Helen Milroy, Stan Perron Professor of Child and Adolescent Psychiatry, Perth Children’s Hospital and UWA <i>Reflections from Australian Royal Commission</i>
12.10 – 1.00	Rowena Lawrie, Yamurrah Consulting and Kelleigh Ryan, The Seedling Group <i>The Winding Road of Healing: Rowena and Kelleigh will be yarnning together drawing on their experiences in healing and self-determination which will include consideration of building safe spaces in complex adaptive system</i>
1.00 – 2.00	LUNCH
	PRIMARY PREVENTION
2.00 – 2.30	Prof. Daryl Higgins, Director of the Institute of Child Protection Studies, ACU <i>Primary prevention: Aligning population-level strategies to address risk factors for harmful sexual behaviours</i>
2.30 – 3.00	Dr. Antonia Quadara, Sexual Violence Research Team, Australian Institute of Family Studies <i>Primary prevention of sexual harm of children by other children – Where should we invest and what works?</i>
3.00 – 3.30	Dr. Lesley-Anne Ey, University S.A. <i>Children and Young People with Harmful Sexual Behaviour: The role of schools in primary prevention and early intervention</i>
3.30 – 3.50	AFTERNOON TEA
	SECONDARY PREVENTION
3.50 – 4.25	Jean Macdonald, Oranga Tamariki, NZ and Lyn Jansen, STOP Christchurch, NZ <i>Prevention Education Project: Managing Incidents of Concerning Sexualised Play and Behaviour Between Tamariki (Children) in a Primary School (Years 1-8) and Early Education Context</i>
4.25 – 5.00	Dr Robyn Miller, MacKillop Family Services <i>Walking the child safe culture talk – Power to Kids: Respecting Sexual Safety</i>
5.30 – 6.30	COCKTAIL PARTY

9.00 – 9.15 Welcome and introduction

RESPONSES FOR CHILDREN

9.15 – 10.00 Prof. Jane Silovsky, OUSC, US National Center Sexual Behavior of Youth
Promoting Healthy Relationships when Responding to Problematic Sexual Behaviour of Youth

10.00 – 10.45 Cathy Want, Rosie's Place, NSW (TBC)
Context and realities of young children lives for those engaging in problematic or HSB

10.45 – 11.15 MORNING TEA

RESPONSES FOR ADOLESCENTS

11.15 – 12.00 Kevin Creedon, Director Assessment and Research, Whitney Academy (USA)
Adolescents displaying harmful sexual behaviour: Understanding and Treating our Clients in a Developmental Context

12.00 – 12.30 Kristin Santiago, Whitney Academy & Anette Birgersson, Skills Clinic, Sweden
Demonstrating skills in working with young people with sexual behaviour problems

12.30 – 1.30 LUNCH

1.30 – 2.00 Dale Tolliday, Children and young People's Sexual Safety Programs, NSW Health
What does it take to build an evidence based response for adolescents?

2.00 – 2.30 Dr Russell Pratt, Prime Forensic Psychology & Cyra Fernandes, Team Leader and Program Manager, Australian Childhood Foundation
Innovative treatment paradigms for adolescents with pornography consumption issues

2.30 – 2.50 AFTERNOON TEA

2.50 – 3.30 Maree Crabbe, Co-founder and Director
'It's Time We Talked' Sex Ed by Porn: How pornography is shaping young people's sexual norms and what we can do to address it

3.30 – 4.45 Plenary Panel: Is a public Health Framework viable? Who is responsible and how would it work?

- Rebekah Kilpatrick, Head of Australian National Office of Child Safety
- Prof. Helen Milroy
- Colin Pettit, W.A. Children's Commissioner
- Prof. Daryl Higgins, ACU

4.45 – 5.00 CLOSE OF SYMPOSIUM

KEYNOTE ADDRESSES

DEVELOPING AND IMPLEMENTING AN INTEGRATED HSB FRAMEWORK: EXPERIENCES FROM THE UK

The development of integrated, multiagency responses in respect of children and young people with harmful sexual behaviours has been a longstanding challenge in the UK context.

Despite increasing evidence on the scale, nature and complexity of the problem, service provision across the UK remains patchy and relatively uncoordinated, with some beacons of good practice. Levels of professional confidence and competence to address the challenge have been, at best, varied. In response to this need, the presenters have worked together on the development and implementation of a more coordinated and consistent approach that recognises both the risks and needs of children displaying harmful sexual behaviours.

In our presentation, we shall describe the rationale for the development of the original UK HSB framework and its aims and objectives, including the gaps and inconsistencies we hoped to challenge. We will then describe what we learnt from the pilot process and how we updated our original work to produce the second edition of the HSB framework (2019) based on our learning since 2016. This will include, for example, how we have sought to integrate new work on the crossover between HSB and child sexual exploitation. Other key areas updated include the range of HSB assessment tools available and the emerging issue of technology assisted HSB.

The second part of our presentation will cover how the HSB framework and related audit activities function in practice. We will illustrate the type of activities undertaken in the HSB audits in the UK and the sort of outcomes that have been achieved locally, regionally and nationally. We hope to disseminate our learning and give participants a good idea of how we can improve support for children and families experiencing HSB using such an integrated framework. We'll discuss how we are supporting local areas to use our framework in very practical ways, how we are learning from them and flexing our offer according to needs consistently identified in HSB audits.

The final part of the presentation will deal with strategic sector engagement, specifically health and education. We will outline work commissioned by our NHS to facilitate the development of HSB resources for health and also the integration into the framework of specific resources for addressing HSB in school settings.



Simon Hackett, Professor of Child Abuse and Neglect, Durham University, UK



Pat Branigan, Theme Lead Development Manager, Sexual Abuse, NSPCC, UK

Helen Gazzola, Senior Implementation Manager, NSPCC, UK

REFLECTIONS FROM THE AUSTRALIAN ROYAL COMMISSION

Helen Milroy is a descendant of the Palyku people of the Pilbara region of Western Australia but was born and educated in Perth. Currently Helen is the Stan Perron Professor of Child and Adolescent Psychiatry at the Perth Children's Hospital and University of Western Australia; Commissioner with the National Mental Health Commission and Honorary Research at the Telethon Kids Institute. Helen has been on

state and national mental health and research advisory committees and boards with a particular focus on Indigenous mental health as well as the wellbeing of children. From 2013-2017 Helen was a Commissioner for the Royal Commission into Institutional Responses to Child Sexual Abuse. In 2019, Helen was appointed as a Commissioner with the Australian Football league.



Professor Helen Milroy,
Stan Perron Professor
of Child and Adolescent
Psychiatry, Perth
Children's Hospital
and UWA, WA

The Winding Road of Healing.

Rowena and Kelleigh will be yarning together drawing on their experiences in healing and self-determination which will include consideration of building safe spaces in complex adaptive system

This paper will examine the value of First Nations clinicians leading healing and therapeutic care and consider ways to support First Nations Workforce Development.

As we move to better understand ways to work therapeutically with First Nations families and communities – we must value the voices of First Nations people. Developing a workforce who are culturally responsive and a First

Nations workforce who can work towards preventing and responding to harmful sexual behaviour by children is vital. Sustaining those First Nations workers requires continued professional development, culturally supportive structures, and the creation of spaces where First Nations people can lead therapeutic responses.



Rowena Lawrie,
Director Yamurrah
Consulting, NSW



Kelleigh Ryan,
Director, The Seedling
Group, QLD

PRIMARY PREVENTION: ALIGNING POPULATION – LEVEL STRATEGIES TO ADDRESS RISK FACTORS FOR HARMFUL SEXUAL BEHAVIOURS

There is growing agreement on the need to adopt a public health framework for addressing child maltreatment and other forms of harm to children – including prevention approaches to problematic or harmful sexual behaviours in children and young people.

I will outline the six core components of a public health approach:

- 1) focusing on addressing risk factors to create conditions of safety;
- 2) adopting whole-of-population interventions;
- 3) supporting and intervening as early as possible;
- 4) using evidence-based strategies;
- 5) delivering services through accessible, non-stigmatizing platforms; and
- 6) addressing structural determinants and mobilising community to sustain the change.

I will give examples of how these core components relate to prevention of harmful sexual behaviour in children and young people. A key tenet of my argument is that we need to widen our attention to all children and young people – not just those who are already demonstrating concerning behaviours. A public health approach to primary prevention will require partnerships across service delivery silos and government departmental responsibilities, as well as fundamental change to practice models. This approach is key to embedding a culture of prevention of harmful behaviour across all youth-serving organisations, families, and communities.



*Prof. Daryl Higgins,
Director of the Institute of
Child Protection Studies,
Australian Catholic
University*

PRIMARY PREVENTION OF SEXUAL HARM OF CHILDREN BY OTHER CHILDREN – WHERE SHOULD WE INVEST AND WHAT WORKS?



Dr Antonia Quadara,
*Sexual Violence Research
Team, Australian Institute
of Family Studies, VIC*

What do we know about acts of harmful sexual behaviour and how do we use that to inform prevention approaches? Where is the prevention discussion up to and what are some of the challenges in really doing primary prevention in

political, conceptual, and practical ways? What are the ways forward and how do we move beyond individual based education of children to more structural, whole of population prevention approaches?

CHILDREN AND YOUNG PEOPLE WITH HARMFUL SEXUAL BEHAVIOUR: THE ROLE OF SCHOOLS IN PRIMARY PREVENTION AND EARLY INTERVENTION



Dr Lesley-Anne Ey, *Senior
Lecturer and Researcher,
University of South
Australia, S.A.*

Australian research has established that children’s and young people’s harmful sexual behaviour (HSB) is a rising issue of concern.

The Royal Commission into Institutional Responses into Child Sexual Abuse identified schools as a critical setting for allegations of peer-to-peer sexual abuse. In other research, primary school teachers report observing HSB in children in Australian schools. They also reported feeling ill-equipped to respond to the needs of children with severe or persistent HSB while also ensuring the safety of other students. Schools are critical places

for detection of HSB and play a crucial role in supporting primary and secondary prevention. This presentation will discuss the current understanding of the challenges associated with meeting the needs of children with HSB in schools and it will present recommendations to strengthen primary prevention and early intervention.

PREVENTION EDUCATION PILOT: MANAGING INCIDENTS OF CONCERNING SEXUALISED PLAY AND BEHAVIOUR BETWEEN TAMARIKI (CHILDREN) IN A PRIMARY SCHOOL (YEARS 1-8) AND EARLY EDUCATION CONTEXT.

This Prevention Education Pilot aims to increase the capability of front-line education professionals connected with schools and Early Childhood Education (ECE), when managing incidents of concerning sexualised play and behaviour between tamariki in the school or ECE context.

This developing pilot is a joint project between New Zealand Government agencies Oranga Tamariki - Ministry for Children and the Ministry of Education (working with schools and ECE), facilitated by NGO (Stop). Engagement with Iwi is currently being developed. The pilot is a prevention initiative of the cross-government strategy on family violence and sexual violence. The pilot will also be independently evaluated.

When concerning sexualised play and behaviour between tamariki occurs in a school or ECE context, it can be a time consuming and

complicated process for schools and ECE's to manage. Increasing numbers of tamariki are presenting with these behaviours and schools need support to manage this behaviour in a planned and intentional way that is sensitive and respectful to tamariki and whanau (families).

The project aims to show that by intervening effectively at an early prevention stage, ongoing incidents, and escalation of concerning sexualised play and behaviour in the schools and ECE context can be prevented from developing into more serious behaviour that requires clinical intervention.

The presentation will provide an overview of the Pilot, the context in terms of the Government's strategy on family violence and sexual violence and some of the challenges and benefits of a collaborative approach.



Lyn Jansen, Prevention Education Coordinator
Stop, NZ



Jean Macdonald,
Oranga Tamariki, NZ

WALKING THE CHILD SAFE CULTURE TALK – POWER TO KIDS: RESPECTING SEXUAL SAFETY

This keynote will highlight the work MacKillop Family Services' (MacKillop) has undertaken to prevent harmful sexual behaviour, dating violence and sexual exploitation of young people in care. The challenge of getting the rhetoric of child safe policy into the dynamic world of practice will be

explored, along with strategies that have shifted our practice culture at MacKillop. In particular, the Power to Kids: Respecting Sexual Safety program, which was co-designed and evaluated by MacKillop Family Services and the University of Melbourne, will be discussed.



Dr Robyn Miller, CEO
MacKillop Family Services, Victoria

PROMOTING HEALTHY RELATIONSHIPS WHEN RESPONDING TO PROBLEMATIC SEXUAL BEHAVIOUR OF YOUTH

Problematic sexual behaviour of children is often considered a taboo topic, and challenging for caregivers and professionals to address. However, caregivers and the children can be effectively engaged

in treatment to prevent future problematic sexual behaviour as well as enhance prosocial behaviour and healthy relationships.



Prof. Jane Silovsky,
Director of the Center on Child Abuse and Neglect and the National Center on the Sexual Behavior of Youth, USA

CONTEXT AND REALITIES OF YOUNG CHILDREN'S LIVED EXPERIENCES AND THEIR ENGAGEMENT IN PROBLEMATIC OR HARMFUL SEXUAL BEHAVIOUR

The medical model of practice has held a place of influence when the “presenting problem” causing a referral has been the identification of a child (under 10 years) displaying problematic or harmful sexual behaviour.

Accordingly, approaches to the work have been strongly aligned to a language base and practice that identifies key aspects in the work, including trauma informed and biopsychosocial assessments and accompanying interventions that can include attachment focused family therapy, and emotional regulation, arousal reduction, shifting concerning behaviours for the child and strengthening supportive and protective factors to foster ongoing safety.

Whilst always holding and making reference to the wealth of practice knowledge that has arisen in this therapeutic area of work it is also a critical component of practice to

situate the behaviours of the child within the broader social context of their lives.

This presentation places the occurrence of PHSB within an ecological framework, focusing primarily on the networks outside of the child, including family, community and societal influences. In alliance with this model consideration will be given to both risk and protective factors to not only address the concerning behaviour being displayed by the child but to also be inclusive of broader experiences that hold a significant place when responding to children and their families.



Catherine Want,
Rosie's Place, NSW

ADOLESCENTS DISPLAYING HARMFUL SEXUAL BEHAVIOUR: UNDERSTANDING AND TREATING OUR CLIENTS IN A DEVELOPMENTAL CONTEXT

Adolescents who engage in harmful or problematic sexual behaviour are frequently identified as a heterogeneous group and therefore the motivations for, and needs met, by their behaviour can be quite diverse.

However, the variety of systems involved with these youth are typically defining treatment goals and treatment success by a more global “absence of bad behaviour” or “lack of recidivism” rather than progress towards healthier individual developmental outcomes. This presentation will focus on how we not only shift our perspective

on treatment but convey this perspective to the youth and families we treat. We will highlight the need for multi-modal interventions that take into account the way our clients process, integrate, and utilize new information.



Kevin Creeden,
Director Assessment
and Research, Whitney
Academy, **USA**

DEMONSTRATING SKILLS IN WORKING WITH YOUNG PEOPLE WITH SEXUAL BEHAVIOUR PROBLEMS

We will focus on how mind and body-based interventions bring treatment to life. They allow clients the opportunity to learn and practice skills in real time, making new behaviours automatic and maintained by tapping into different parts of the brain.

Having FUN in treatment, results in better buy-in, motivation and confidence that stays with them after treatment. We will explore how powerful these interventions are and how they can help us individualize treatment to their vulnerabilities.



Kristin Santiago,
Whitney Academy,
USA



Anette Birgersson,
Skills Clinic, **Sweden**

WHAT DOES IT TAKE TO BUILD AN EVIDENCE BASED RESPONSE FOR ADOLESCENTS?

Searches for which model produces best outcomes tend to confuse frameworks with models and models with proprietary products. Research in Australia and the UK have in recent years identified evidence supported features of effective practice. While the notion of applying an endorsed model is appealing, especially if a service gap needs to be filled quickly, this approach has not typically produced enduring and effective services, local expertise or cultural responsiveness. Interestingly, services which exhibit evidence supported features do not apply these uniformly. While most services

are moving towards shared language and understanding of children who have engaged in harmful sexual behaviour there is great diversity in practice. For example, most services acknowledge harmful sexual behaviour is gendered but there is almost no detail of how this is incorporated into therapeutic responses. This presentation will outline the features of evidence-based services, some suggestions for service and system development as well as a research based caution in purchasing off-the-shelf models developed for non-Australian contexts.



Dale Tolliday,
Children and young
People's Sexual Safety
Programs, **NSW Health**

THE 'SAVVY CONSUMER MODEL': AN INNOVATIVE TREATMENT PARADIGM FOR YOUNG PEOPLE WITH PROBLEMATIC PORNOGRAPHY CONSUMPTION.

It is acknowledged that adolescent pornography consumption has reached saturation point. Research suggests that by the age of 15, the majority of youth will have been exposed to pornography, either willingly, by accident, or via other avenues.

Those who treat youth who exhibit Harmful Sexual Behaviours (HSBs) will be aware that pornography appears to play a significant role in the development of HSBs. For some youth, it is a 'how to' tutorial for the sexually naive, for others, a means of arousal, and for some, both.

There is ongoing debate and concern regarding how we should approach pornography consumption from a treatment perspective. Whilst acknowledging that for some youth, a 'zero-porn' approach should be

considered, for the majority of youth, good management of their pornography consumption, and a better understanding of pornography (or 'porn world') and how it relates to the world of 'real sex', to positive and healthy (sexual and romantic) relationships, and to desire and behaviour, becomes a much needed and hopefully logical approach.

In this presentation, we will discuss the 'Savvy Consumer' model, an approach that, as the name suggests, provides a means for therapists and young people who engage in HSBs a platform to increase sexual self-management skills via critique and education in order to better management the impact of pornography and potentially resultant Harmful Sexual Behaviours.



Dr Russ Pratt,
Director, Prime Forensic
Psychology, **VIC**



Ms. Cyra Fernandes,
Program Manager, Service
Development and Projects'
Australian Childhood
Foundation, **VIC**

SEX ED BY PORN: HOW PORNOGRAPHY IS SHAPING YOUNG PEOPLE'S SEXUAL NORMS AND WHAT WE CAN DO TO ADDRESS IT



Maree Crabbe,
Co-founder and Director
'It's Time We Talked'

Freely and widely available online, pornography is arguably the most prominent form of sexuality education. It is shaping young people's sexual understandings and experiences, with serious implications for their capacity to navigate relationships and sexuality that are safe, respectful and consenting.

New national research provides an insight into Australian young people's pornography exposure and access and the challenges it raises for the prevention of harmful sexual behaviour. Pornography has become a violence prevention issue we can't afford to ignore.

PLENARY PANEL

IS A PUBLIC HEALTH FRAMEWORK VIABLE? WHO IS RESPONSIBLE AND HOW WOULD IT WORK?



Rebekah Kilpatrick,
Head of Australian
National Office of Child
Safety, Department
of Prime Minister and
Cabinet



Professor Helen Milroy,
Stan Perron Professor
of Child and Adolescent
Psychiatry, Perth
Children's Hospital
and UWA



Colin Pettit,
W.A. Children's
Commissioner



Prof. Daryl Higgins,
Director of the Institute of
Child Protection Studies,
Australian Catholic
University



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