

**ANZATSA** 8th Biennial international  
research, theory and practice conference

# FORGING A NEW ERA

in responding to and preventing  
sexual abuse

**29 November – 1 December 2017**

Owen Glenn Building  
University of Auckland  
Auckland  
New Zealand

REGISTER  
NOW FOR  
**EARLY BIRD  
PRICES!**

WORKSHOP  
UPDATE

# PRE-CONFERENCE WORKSHOP PROGRAM

Wednesday 29 November 2017

Full Day Workshop	Half Day Morning Workshops			
<p style="text-align: center;"><b>1</b></p> <p><b>Static-99R training: How to code, interpret, and report scores</b></p> <p><i>Presenter:</i> Dr L. Maaike Helmus</p>	<p style="text-align: center;"><b>2</b></p> <p><b>Working with non-offending minor-attracted persons</b></p> <p><i>Presenter:</i> Dr Jill S. Levenson</p>	<p style="text-align: center;"><b>3</b></p> <p><b>Help Wanted: A prevention intervention for adolescents with sexual attraction to younger children</b></p> <p><i>Presenter:</i> Dr Elizabeth J. Letourneau</p>	<p style="text-align: center;"><b>4</b></p> <p><b>Assessing the protectiveness of partners: Strengths and challenges</b></p> <p><i>Presenters:</i> Marcella Leonard and Duncan Sheppard</p>	<p style="text-align: center;"><b>5</b></p> <p><b>Six strategies for improving your therapeutic engagement skills</b></p> <p><i>Presenter:</i> David Prescott</p>
Half Day Afternoon Workshops				
<p style="text-align: center;"><b>6</b></p> <p><b>When ethics compete: Balancing client confidentiality and public safety in responding to clients with sexual interest in children</b></p> <p><i>Presenter:</i> Dr Sarah Christofferson</p>	<p style="text-align: center;"><b>7</b></p> <p><b>Project Restore: Restorative justice for sexual violence in action</b></p> <p><i>Presenters:</i> Fiona Landon Jennifer Annan Tony Lindquist</p>	<p style="text-align: center;"><b>8</b></p> <p><b>Protective factors for general and sexual violence: Learning to use the SAPROF</b></p> <p><i>Presenter:</i> Dr Michiel de Vries Robbé</p>	<p style="text-align: center;"><b>9</b></p> <p><b>Sexual deviancy: How far from the norm?</b></p> <p><i>Presenter:</i> Marcella Leonard</p>	<p style="text-align: center;"><b>10</b></p> <p><b>How do we understand adolescent sexuality? Developmental considerations, practical applications</b></p> <p><i>Presenter:</i> David Prescott</p>

When registering, delegates **must** indicate which workshop(s) they will attend.

## STATIC-99R TRAINING: How to code, interpret, and report scores

### Dr L. Maaike Helmus

Forensic Assessment Group

Level: **Intermediate**

Focus: **Responding to sexual abuse**

Static-99R is an actuarial scale combining easily available information to assess sexual recidivism risk among adult male sex offenders. Static-99R predicts sexual recidivism with moderate accuracy.

This training is appropriate for anyone involved in risk assessment with sexual offenders. The training will present background information on the Static-99R and teach participants how to score, report, and interpret the scale in applied evaluations. This training will follow the new (2016) coding manual and revised risk categories for the scale.

Attendees will be able to:

1. Discuss development and validation research on Static-99R.
2. Follow current recommendations from the scale developers about when and how to use Static-99R.
3. Correctly score all Static-99R items.
4. Identify which populations of sex offenders are appropriate for using Static-99R.
5. Present recidivism estimates, percentile information, and relative risk ratios associated with Static-99R scores.
6. Discuss the new risk levels.

(The presenter has a financial interest in a commercially available product involved in the presentation.)



**L. Maaike Helmus, PhD**, is a consultant with the Forensic Assessment Group. Her research interests focus on structured offender risk assessment, with particular emphasis on people who have sexually offended and Aboriginal people who have sexually offended. She has been part of the development team for several structured risk assessment tools, including the STABLE-2007/ACUTE-2007, Static-99R, Static-2002R, and BARR-2002R. Dr Helmus has also developed a risk scale for predicting administrative segregation placements (the RAST).

Dr Helmus is a certified trainer for Static-99R and Static-2002R, and has also taught undergraduate and graduate courses in statistics. She has received numerous grants and academic awards including the Governor General's Gold Medal and the Association for the Treatment of Sexual Abusers (ATSA) Pre-doctoral Research Grant. She has also served on the Executive Boards of both the Criminal Justice Section of the Canadian Psychological Association and ATSA.

## Working with non-offending minor-attracted persons (NOMAP)

**Dr Jill S. Levenson**

Barry University, Miami Shores, Florida

Level: **Intermediate**

Focus: **Preventing sexual abuse**

As interest has emerged in preventing sexual abuse BEFORE anyone is harmed (primary prevention), there has been a growing research literature about the characteristics and treatment needs of non-offending persons with pedophilia. There is still much we do not know, but there are important differences between those who act on pedophilic interests and those who do not. ANZATSA members, who primarily work with those who have been convicted of sexual crimes, may be unprepared to address the very different treatment needs of persons with pedophilic interests who have not offended.

This workshop will first clarify issues related to mandatory child abuse reporting. Then, a framework for providing ethical clinical services to non-offending MAPs will be described. We will discuss what NOMAPs tell researchers about the obstacles to help-seeking, and how their treatment needs differ from those of the typical SOTX client. The workshop will cover engagement techniques, addressing counter-transference, and affirmative cognitive behavioral interventions that are best suited to help NOMAPs with their unique treatment goals.

Learning objectives: (three hours)

1. Participants will identify and describe DSM5 criteria for pedophilia and pedophilic disorder.
2. Participants will clarify requirements for mandatory reporting of child sexual abuse.
3. Participants will learn what MAP survey research tells us about the psychosocial treatment needs of this population.
4. Participants will learn strategies for engaging MAPs in a client-centered, empathic therapeutic alliance, increasing their own capacity to provide effective services for this population.



**Jill Levenson**, PhD, LCSW, is a Professor of Social Work at Barry University in Miami, Florida. She has published over 100 peer-reviewed articles about sexual violence policies and treatments. Most recently, her ground-breaking research has focused on the prevalence and impact of adverse childhood experiences and their relationship to adult criminality.

Dr Levenson is a practicing licensed clinical social worker in Fort Lauderdale, Florida. She provides counseling services for survivors and perpetrators of sexual assault and others with trauma-based disorders. She is frequently invited to present at various state, local, and national conferences as a keynote speaker about trauma-informed care in clinical, correctional, and forensic settings.

In the past year she has been invited to provide TIC training for clinical and forensic practitioners in Florida, Pennsylvania, New Jersey, New York, Oregon, Idaho, Michigan, Massachusetts, Colorado, Maryland, Canada, Australia, and New Zealand. She has recently been awarded a RALIANCE research grant from the National Sexual Violence Resource Center in the US to study the obstacles to help-seeking for minor attracted persons.

## HELP WANTED: A prevention intervention for adolescents with sexual attraction to younger children

### Dr Elizabeth J. Letourneau

Johns Hopkins Bloomberg School of Public Health, USA

Level: **Beginner**

Focus: **Preventing sexual abuse**

During this pre conference workshop, Dr Letourneau will present on the Help Wanted Prevention Project.

The Help Wanted Project ultimately aims to create a highly effective prevention intervention that is available to all youth who are attracted to children. The main goals of the intervention are to reduce the risk that adolescents attracted to children will act out on those attractions and to enhance their own healthy development.

Development and evaluation of this intervention is proceeding in four phases including:

- Phase I** a qualitative study of non-offending young adult pedophiles (completed)
- Phase II** developing content for the online prevention intervention (underway)
- Phase III** a feasibility study of the online intervention
- Phase IV** an empirically rigorous evaluation of intervention effects.



**Elizabeth Letourneau**, PhD, is a Professor with Tenure, Department of Mental Health, and Director, Moore Center for the Prevention of Child Sexual Abuse, Johns Hopkins Bloomberg School of Public Health. For nearly 30 years Dr Letourneau has developed and evaluated child sexual abuse-related prevention, policy and practice. She has contributed to the literature on treatment of youth who have engaged in harmful or illegal sexual behaviour and led the largest randomised trial to date evaluating an intervention for youth who have sexually offended.

Dr Letourneau has also led or collaborated in research on assessment of sexual recidivism risk. She has led numerous evaluations of sex offender registration and notification policies. As the inaugural director of the Moore Center for the Prevention of Child Sexual Abuse her efforts now focus on the developing and evaluating CSA prevention interventions; one of these focuses on perpetration prevention and was recently awarded funding by the National Institute of Child Health and Human Development, NIH. Dr Letourneau's research has been cited in US state supreme court cases, by state and federal legislators, and widely reported in the media.

Recently, she served as an expert witness to the Australian Royal Commission into Institutional Responses to Child Sexual Abuse.

## ASSESSING THE PROTECTIVENESS OF PARTNERS: Strengths and challenges

### Marcella Leonard

Independent Social Work Consultant, Leonard Consultancy

### Duncan Sheppard

Independent Safeguarding Consultant, Leonard Consultancy

Level: **Beginner/Advanced/Intermediate**

Focus: **Responding to sexual abuse and preventing sexual abuse**

This workshop will explore the complexity of the assessment of partners of those who have been convicted of or where allegations have been made of, sexually abusive behaviour. This is a very complex area as often partners are deemed guilty by association but also feel guilty in their own perceived inability to have protected, especially if the abuse took place in the family home or towards a family member. Yet the effective engagement of partners is fundamental to safeguarding and the effective recovery of victims. It is important that an assessment of their ability to protect takes a comprehensive, holistic approach to explore the dynamics of the relationship with the offender and the challenges the partner faced and continues to face through the risk assessment and child protection processes.

The workshop will explore the ‘grooming’ of the partner, the vulnerabilities affecting their decision making and how these may be addressed through intervention. The concept of ‘reflective hindsight’ will be explored as an assessment to engagement and identifying strengths within the partner for future protection. The case material will examine the different modus operandi of different types of offenders and how these behaviours may be paralleled in how they have related to their partner. The workshop will also consider interventions and the importance of engagement with partners in building future positive safe environments for children and vulnerable adults.



**Marcella Leonard** is the Director of Leonard Consultancy and a qualified social worker. Marcella has specialised in assessment and treatment in the fields of sexuality, sexual deviancy and sexual trauma. Marcella also works as a psychosexual therapist to assist victims of sexual trauma to regain a healthy sexual life without re-experiencing trauma. As Director of Leonard Consultancy, Marcella has worked in New Zealand, Abu Dhabi, Australia, Gibraltar and Canada as well as throughout UK and Ireland in delivering specialist training, consultancy and program development. Marcella has recently assisted NOMS and the College of Policing in their rollout of the ARMS risk assessment training for public protection Police in England and Wales.

Marcella is currently the Vice Chair of the Northern Ireland Association of Social Workers and Director of British Association of Social Workers, Chair of NI NOTA Conference and Training Committee.

**Duncan Sheppard** has 30 years’ experience as a Police Officer with the Suffolk Constabulary and has extensive knowledge in child protection work over the last 14 years. In 2013 Duncan became the National Police lead for the Multi Agency Public Protection Arrangements (MAPPA) responsible for the strategic direction of Police management of sex offenders in the community. As a director of Sheppard Associates, Duncan delivers training in risk assessments, interviewing skills and understanding of sexual offending to Police, Social Workers and Probation Officers in the United Kingdom, Ireland and Gibraltar. Duncan is a safeguarding advisor to the Church of England, updating their policy and practice guidance and is a member of their National Safeguarding Panel. Duncan is a trustee to Circles UK, a charity which supports the rehabilitation of sex offenders in the community.

## Six strategies for improving your therapeutic engagement skills (adults and adolescents)

### David Prescott

Beckett Family of Services, USA

Level: **Advanced** (clinical focus)

Focus: **Responding to sexual abuse and preventing sexual abuse**

This workshop focuses on the specific skills involved in engaging people who have sexually abused in treatment. Few workshops focus on directly applicable clinical skills; this workshop accomplishes this through multi-modal means, including experiential exercises, didactic lecture, clinical demonstration, and videos. It includes elements of motivational interviewing, feedback-informed treatment, and more.

Participants will:

- Look at the relevant research findings and discuss the problems in engaging clients meaningfully.
- Explore the six strategies including: understanding and embracing biases; getting grounded in 'therapeutic factors'; utilising 'approach goals' and becoming trauma informed.
- Provide brief and effective methods for 'getting into the mindset where new mindsets thrive'.



**David Prescott** is the Clinical Services Development Director for the Beckett Family of Services, USA. Mr Prescott has produced 14 book projects and numerous articles and chapters in the areas of assessing and treating sexual violence and trauma. Mr Prescott is a current Fellow and past president of the Association for the Treatment of Sexual Abusers.

He is also the 2014 recipient of that organisation's Distinguished Contribution award. In 2007 he received the Bright Lights award from the National Adolescent Perpetration Network. Mr Prescott is a Senior Associate and Certified Trainer for the International Center for Clinical Excellence and a member of the Motivational Interviewing Network of Trainers. He also serves on the editorial boards of three scholarly journals.

## WHEN ETHICS COMPETE: Balancing client confidentiality and public safety in responding to clients with sexual interest in children

### Dr Sarah Christofferson

University of Canterbury, New Zealand

Level: **Intermediate/Advanced**

Focus: **Preventing sexual abuse**

Sexual interest in children is unfortunately not rare, and is often highly distressing to the individual experiencing it. Clients may disclose such interests to a healthcare professional (e.g., psychologist, counsellor, general practitioner) in order to seek help to not act on their interest by committing abuse.

This workshop will discuss the ethical value at both the individual and societal levels of clients being able to access such preventative treatment, and the importance of reducing barriers for those in need; but will also acknowledge ethical quandaries facing professionals who engage with such clients and/or encounter these kinds of client disclosures.

The core conflict is between the principle of client confidentiality on the one hand, and ethical, legal and professional responsibilities pertaining to public safety on the other. This workshop will (with specific focus on New Zealand) delineate the ethical and legal landscape consisting of legislation, codes, and case law that guide (and sometimes direct) professionals in their decision making in this context.

Participants will then have the opportunity to consider and respond to hypothetical case scenarios in small group discussions, enabling exploration of different thresholds and rationales for decisions to breach versus maintain client confidences in contexts of varying risk.



**Sarah Christofferson**, PhD, is a researcher, lecturer, and clinical psychologist based at the University of Canterbury in Christchurch, New Zealand, and the current Chair of the Institute of Criminal Justice and Forensic Psychology. Her research interests center on the treatment of those who have sexually offended, the assessment of risk and change across treatment for this population, and the prevention of sexual abuse. Sarah also has an interest in ethics and psycho-legal issues in clinical practice, and sits on the University of Canterbury's Human Ethics Committee.



## PROJECT RESTORE: Restorative justice for sexual violence in action

**Fiona Landon, Jennifer Annan  
and Tony Lindquist**

Project Restore, Auckland, New Zealand

Level: **Intermediate**

Focus: **Responding to sexual abuse**

This workshop is designed to give participants information about the use of restorative justice for sexual violence cases and some snapshots of the process. There will be opportunity to explore in depth the issues that need to be addressed to provide safe and successful processes for those affected by harmful sexual behavior.

**Fiona Landon** has been providing restorative processes in a variety of settings since 1999. She is a Senior Facilitator at Project Restore NZ Inc. which specialises in using restorative justice processes in the area of sexual violence. She has extensive experience in restorative justice facilitation for adults, family violence and sexual violence cases.

**Jennifer Annan** has 14 years experience working with survivors of sexual violence at HELP Auckland. This included supporting survivors through police reporting, court support, 24/7-crisis phone line and individual counseling. Together with Fiona, Jennifer was instrumental in the design and delivery of the Project Restore model. She has been working as a survivor specialist with Project Restore for 11 years. Jennifer brings a unique and valuable insight into how restorative justice may meet the needs of survivors and how to best support.

**Tony Lindquist's** background includes working as a reintegration coordinator at The Piriti – sex offender treatment programme at Auckland Prison, Counselor with Problem Gambling and as the offender specialist for Project Restore. Tony brings a depth of experience in working with sex offenders in treatment and restorative justice settings.



## PROTECTIVE FACTORS FOR GENERAL AND SEXUAL VIOLENCE: Learning to use the SAPROF

### Dr Michiel de Vries Robbé

Van der Hoeven Kliniek, the Netherlands

Level: **Intermediate**

Focus: **Preventing sexual abuse**

In this workshop we will focus on protective factors for violence and sexual violence risk. The Structured Assessment of Protective Factors for violence risk (SAPROF; De Vogel et al., 2009; 2012) is an assessment tool for the evaluation of protective factors, designed to be used in addition to risk-focused assessment tools.

The protective factors assessment aims to complement the risk assessment process, creating a more balanced approach to the assessment for future (sexual) violence risk. The dynamic factors of the SAPROF are helpful in case formulation, establishing positive treatment goals, evaluating treatment progress and stimulating risk communication. In doing so, protective factors enable a more positive approach to violence prevention. This workshop will focus on the value of protective factors for clinical and assessment practice.

Participants will be introduced to the SAPROF and will be trained in using the SAPROF by means of a case study example. Advantages for risk assessment and risk management will be discussed and international research results with the SAPROF will be presented. In addition, new developments regarding additional SAPROF manuals (i.e., for sexual offending, for intellectual disabilities, for inpatient treatment, and for juveniles) will be discussed.



**Dr Michiel de Vries Robbé**, is a psychologist and researcher at the Department of Research at the Van der Hoeven Kliniek in Utrecht, the Netherlands. He is co-author of the SAPROF and the SAPROF – Youth Version, organises the international SAPROF project, and facilitates workshops.

He is also co-author of the FAM (Female Additional Manual), and translator of the Dutch HCR-20V3. His research focuses primarily on violence risk assessment and in particular on protective factors enhancing desistance from (sexually) violent behaviour.

## SEXUAL DEVIANCY: How far from the norm?

### Marcella Leonard

Independent Social Work Consultant,  
Leonard Consultancy

### Duncan Sheppard

Independent Safeguarding Consultant,  
Leonard Consultancy

Level: **Beginner/intermediate**

Focus: **Responding to sexual abuse  
and preventing sexual abuse**

The assessment and interventions of adults who have engaged in sexually abusive or offending behaviour must consider whether the person is, in their sexual behaviour, deviant. Deviancy, as in how far from the sexual norm the person is behaving, must therefore be assessed against what is considered the norm, given the person's gender, age, health and wellbeing and external circumstances.

This workshop will:

- explore what is normal sexual development, the impact of age, health, medication and other external factors on sexual development and the relevancy of this in assessing the risk a person may pose of sexually reoffending
- explore the paraphilias which often exist as part of the sexual offending behaviour, and the role they have in the person's sexual offending.

Gaining an in-depth understanding of sexuality in its entirety assists the assessor in undertaking individualised assessments and thereby identifying specific risk factors and appropriately targeted interventions. The workshop will focus specifically on the sexual aspects of sexual offending and will therefore have sexual content throughout.



**Marcella Leonard** is the Director of Leonard Consultancy and a qualified social worker. Marcella has specialised in assessment and treatment in the fields of sexuality, sexual deviancy and sexual trauma. Marcella also works as a psychosexual therapist to assist victims of sexual trauma to regain a healthy sexual life without re-experiencing trauma. As Director of Leonard Consultancy, Marcella has worked in New Zealand, Abu Dhabi, Australia, Gibraltar and Canada as well as throughout UK and Ireland in delivering specialist training, consultancy and program development. Marcella has recently assisted NOMS and the College of Policing in their rollout of the ARMS risk assessment training for public protection Police in England and Wales.

Marcella is currently the Vice Chair of the Northern Ireland Association of Social Workers and Director of British Association of Social Workers, Chair of the Northern Ireland NOTA Conference and Training Committee.

**Duncan Sheppard** has 30 years' experience as a Police Officer with the Suffolk Constabulary and has extensive knowledge in child protection work over the last 14 years. In 2013 Duncan became the National Police lead for the Multi Agency Public Protection Arrangements (MAPPA) responsible for the strategic direction of Police management of sex offenders in the community. As a director of Sheppard Associates, Duncan delivers training in risk assessments, interviewing skills and understanding of sexual offending to Police, Social Workers and Probation Officers in the United Kingdom, Ireland and Gibraltar. Duncan is a safeguarding advisor to the Church of England, updating their policy and practice guidance and is a member of their National Safeguarding Panel. Duncan is a trustee of Circles UK, a charity which supports the rehabilitation of sex offenders in the community.

## HOW DO WE UNDERSTAND ADOLESCENT SEXUALITY? Developmental considerations, practical applications

### David Prescott

Beckett Family of Services, USA

Level : **Intermediate** (all audiences)

Focus: **Responding to sexual abuse and preventing sexual abuse**

Adults are rightly concerned about trying to understand the sexual interests and behavior of adolescents. Increasingly, there are concerns about what is and isn't 'deviant', what does and doesn't qualify as 'sexual preoccupation', etc. From cultural contexts to research findings, people working with adolescents quickly find themselves in a quagmire of considerations. What is the evidence-based clinician to do?

This workshop explores what we know and don't know about adolescent sexual development, and breaks out the components that professionals should (and shouldn't) pay attention to. This workshop also focuses on pornography, its use, and place with in risk and needs assessment.



**David Prescott** is the Clinical Services Development Director for the Beckett Family of Services, USA. Mr Prescott has produced 14 book projects and numerous articles and chapters in the areas of assessing and treating sexual violence and trauma. Mr Prescott is a current Fellow and past president of the Association for the Treatment of Sexual Abusers.

He is also the 2014 recipient of that organisation's Distinguished Contribution award. In 2007 he received the Bright Lights award from the National Adolescent Perpetration Network. Mr Prescott is a Senior Associate and Certified Trainer for the International Center for Clinical Excellence and a member of the Motivational Interviewing Network of Trainers. He also serves on the editorial boards of three scholarly journals.