

# Offence Paralleling Behaviour:

A case formulation based approach for offender assessment, treatment and progress monitoring

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Distinction Hamilton, Hotel & Conference Centre,  
100 Garnett Avenue, Hamilton

Cost: \$225 members, \$275 non-members

Free Parking

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**Offence Paralleling Behaviour (OPB) case formulations look systematically at the relationship between current day-to-day functioning and the way an individual was functioning at the time of the offence.**

**This information is used to inform risk assessment and intervention.**

**In this workshop participants will:**

- be introduced to Offence Paralleling Behaviour (OPB)
- explore how OPB may be used in the risk assessment process
- learn how OPB may be integrated into treatment, including how OPB is used when conducting assessments of treatment progress in custodial settings.

Case formulation is an individualised theory that seeks to describe and explain a client's symptoms, problems or behaviour; it can also serve as a basis for the provision of treatment or other decision-making. Though case formulation is widely used in forensic practice, there is little consensus regarding how it should be accomplished and what role it should play. Furthermore, approaches to two of the most common activities in forensic practice – risk assessment and rehabilitation – have, in recent years, been dominated by structured and actuarial risk assessment instruments and manualised group programmes. The role of case formulation in these approaches is sometimes unclear.

**Professor Michael Daffern** is a clinical and forensic psychologist who has worked in prisons and in general and forensic mental health services in Australia and the United Kingdom since 1992. He is currently Professor of Clinical Forensic Psychology with the Centre for Forensic Behavioural Science at Swinburne University of Technology. Michael is convener of the Doctor of Psychology (Clinical and Forensic) training programme and the Graduate Diploma of Forensic Psychology. Professor Daffern's research interests focus on aggression and violent behaviour, and the assessment and treatment of offenders. He is Associate Editor of the International Journal of Forensic Mental Health and Editorial Board member of The Journal of Forensic Psychiatry and Psychology.

